

May, 2025

Summit Academy High School Breakfast

May, 2025



Monday

Tuesday

Wednesday

Thursday

Friday

			Honey Cherrios Bowl (22) Giant Cinnamon Goldfish(19) Fresh Banana(62) 100% Fruit Punch Juice (30) 1% White Milk or 1% Chocolate Milk(11)	
764:985:110	764:985:110	764:985:110	1 692:412:144	2
Trix Cereal Bar (29) Giant Vanilla Goldfish (19) Fresh Gala Apple(29) 100% Grape Juice Box(15) 1% White Milk or 1% Chocolate Milk(11)	Golden Grahams(24) WG Animal Crackers(22) Mixed Berry Applesauce Cup(15) 100% Apple Juice(28) 1% White Milk or 1% Chocolate Milk(11)	WG Bagel w/Cream cheese(29) Diced Peach Cup (21) 100% Fruit Punch Juice (30) 1% White Milk or 1% Chocolate Milk(11)	Blueberry Nutri-grain Bar (30) Giant Cinnamon Goldfish(19) Fresh Banana(62) 100% Orange Tangerine Juice(15) 1% White Milk or 1% Chocolate Milk(11)	
5 Cinco de Mayo 548:367:103	6 510:465:100	7 540:430:91	8 672:392:137	9
Cheerios Bowl(21) Giant Vanilla Goldfish (19) Fresh Gala Apple(29) 100% Fruit Punch Juice (30) 1% White Milk or 1% Chocolate Milk(11)	Cocoa Puff Cereal Bar (30) WG Animal Crackers(22) Fresh Orange(22) 100% Apple Juice(28) 1% White Milk or 1% Chocolate Milk(11)	Trix Cereal Bowl(24) Giant Vanilla Goldfish (19) Diced Pear Cup (14) 100% Orange Tangerine Juice(15) 1% White Milk or 1% Chocolate Milk(11)	Rice Chex Cereal(24) Giant Cinnamon Goldfish(19) Fresh Banana(62) 100% Grape Juice Box(15) 1% White Milk or 1% Chocolate Milk(11)	
12 548:412:110	13 584:350:113	14 445:410:83	15 622:482:131	16
Cocoa Puffs Cereal(25) Giant Vanilla Goldfish (19) Fresh Gala Apple(29) 100% Fruit Punch Juice (30) 1% White Milk or 1% Chocolate Milk(11)	Strawberry Nutri-grain Bar (30) WG Animal Crackers(22) Applesauce Cup(14) 100% Apple Juice(28) 1% White Milk or 1% Chocolate Milk(11)	WG Bagel w/Cream cheese(29) Diced Pear Cup (14) 100% Grape Juice Box(15) 1% White Milk or 1% Chocolate Milk(11)	Apple Cinnamon Cheerios(22) Giant Cinnamon Goldfish(19) Fresh Banana(62) 100% Orange Tangerine Juice(15) 1% White Milk or 1% Chocolate Milk(11)	
19 558:432:114	20 540:395:105	21 455:420:69	22 632:357:129	23
	Froot Loops Cereal(24) WG Animal Crackers(22) Applesauce Cup(14) 100% Grape Juice Box(15) 1% White Milk or 1% Chocolate Milk(11)	Cinnamon Chex Cereal(23) Giant Cinnamon Goldfish(19) Mixed Fruit Cup (18) 100% Orange Tangerine Juice(15) 1% White Milk or 1% Chocolate Milk(11)	Strawberry Cheerio Bar (30) Giant Cinnamon Goldfish(19) Fresh Banana(62) 100% Grape Juice Box(15) 1% White Milk or 1% Chocolate Milk(11)	
26 Memorial Day!	27 430:420:86	28 480:410:86	29 672:317:137	30



Thought for Thought

Tips & Information

In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

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Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:599 AvgSod(mg):520 AvgCarbs(g):108

SCHOOLS ONLY

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk available daily. (GSRP-white milk only)



Menu Subject to Change

May, 2025

Summit Academy High Lunch Menu

May, 2025



Monday

Tuesday

Wednesday

Thursday

Friday

			WG Pizza Slice (33) Baby Carrots w/Ranch (13) Mandarin Orange(40) 1% White or 1% Chocolate Milk(24)	
764:985:110	764:985:110	764:985:110	1 764:985:110	2
Beef & Cheese Nachos w/ WG Corn Chips(39) Romaine w/ Dressing(3) Mandarin Orange(40) 1% White or 1% Chocolate Milk(24)	Diced Mexican Chicken Rice Bowl(37) Fiesta Taco Black Beans (21) Diced Pears(33) 1% White or 1% Chocolate Milk(24)	2 Beef Tacos with WG Flour Tortilla (33) Corn Obrien(17) Fresh Banana(62) 1% White or 1% Chocolate Milk(24)	WG Pizza Slice (33) Baby Carrots w/Ranch (13) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)	
5 Cinco de Mayo 830:833:106	6 671:930:116	7 893:745:136	8 692:947:99	9 No Program
BBQ Beef Rib Patty on WG Bun(34) Baked Beans(44) Fruit mix(37) 1% White or 1% Chocolate Milk(24)	Italian Meatball Sub on WG Bun(36) Seasoned Green Beans(7) Diced Peaches(28) 1% White or 1% Chocolate Milk(24)	Chicken in Gravy w/ Biscuit(29) Mashed Potato(33) Fresh Banana(62) 1% White or 1% Chocolate Milk(24)	WG Pizza Slice (33) Baby Carrots w/Ranch (13) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)	
12 831:1400:140	13 637:557:96	14 917:1241:148	15 692:947:99	16 No Program
Breaded Chicken Drumstick w/ Roll(25) Baked Beans(44) Diced Pears(33) 1% White or 1% Chocolate Milk(24)	Chicken Strip Wrap w/ Ranch(32) Baby Carrots w/ Ranch(8) Pineapple Tidbits(38) 1% White or 1% Chocolate Milk(24)	Baked Mostaccioli w/ Dinner Roll(47) Tossed Salad with Ranch(2) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)	WG Pizza Slice (33) Fresh Broccoli & Ranch Dressing(2) Fresh Banana(62) 1% White or 1% Chocolate Milk(24)	
19 825:1618:126	20 824:988:102	21 709:595:102	22 823:959:121	23 No Program
	Breaded Chicken Parm Sandwich on WG Bun(41) Maple Carrot Coins(15) Diced Peaches(28) 1% White or 1% Chocolate Milk(24)	Classic Cheeseburger on WW Bun(32) Potato Wedges(30) Fresh Banana(62) 1% White or 1% Chocolate Milk(24)	WG Pizza Slice (33) 100% Mango Splash Juice Box (17) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)	
26 Memorial Day!	27 753:869:108	28 934:1641:148	29 665:765:103	30 No Program



Thought for Thought

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Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:775 AvgSod(mg):998 AvgCarbs(g):115

SCHOOLS ONLY

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1% White & 1%Chocolate Milk
available daily. (GSRP-white milk only)



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