

May, 2025

Summit Academy North Breakfast

May, 2025



Monday

Tuesday

Wednesday

Thursday

Friday

			Bag Breakfast Trix Cereal Bar Animal Grahams Mandarin Orange Cup 100% Juice (78)1% White Milk or 1% Chocolate Milk(11)	
645:711:103	645:711:103	645:711:103	1 493:345:89	2
Bag Breakfast Cocoa Puffs Cereal Bar Animal Grahams Mixed Fruit Cup 100% Juice (84)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Cinnamon Toast Crunch Cereal Vanilla Goldfish Craisins 100% Juice (82)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast WG Bagel with Cream Cheese Fresh Apple 100% Juice (72)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Golden Grahams Cereal Animal Grahams Peach Cup 100% Juice (81)1% White Milk or 1% Chocolate Milk(11)	
5 Cinco de Mayo 520:345:95	6 510:425:93	7 508:427:83	8 470:460:92	9
Bag Breakfast Apple Nutrigrain Bar Vanilla Goldfish Pineapple Cup 100% Juice (79)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Raisin Bran Cereal WG Animal Grahams Diced Peach cup 100% Juice (85)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast WG Bagel with Cream Cheese Fresh Apple 100% Juice (72)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Cheerio Cereal Bar Animal Grahams Pear Fruit Cup 100% Juice (80)1% White Milk or 1% Chocolate Milk(11)	
12 490:421:90	13 470:360:96	14 508:427:83	15 485:325:91	16
Bag Breakfast Golden Grahams Cereal Animal Grahams Craisins 100% Juice (87)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Apple Nutrigrain Bar Vanilla Goldfish Pineapple Cup 100% Juice (79)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast WG Bagel with Cream Cheese Fresh Apple 100% Juice (72)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast WG Banana Muffin Mini Vanilla Goldfish Craisins 100% Juice (91)1% White Milk or 1% Chocolate Milk(11)	
19 500:460:98	20 490:421:90	21 508:427:83	22 590:375:102	23
	Bag Breakfast Cocoa Puffs Cereal Bar Animal Grahams Mixed Fruit Cup 100% Juice (84)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast WG Bagel with Cream Cheese Fresh Apple 100% Juice (72)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Double ChocolateChip Muffin Vanilla Goldfish Craisins 100% Juice (87)1% White Milk or 1% Chocolate Milk(11)	
26 Memorial Day!	27 520:345:95	28 508:427:83	29 570:370:98	30



Thought for Thought

Tips & Information

In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

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Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:536 AvgSod(mg):460 AvgCarbs(g):93

SCHOOLS ONLY

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk
available daily. (GSRP-white milk only)



Menu Subject to Change

May, 2025

Summit Academy North Lunch

May, 2025



Monday

Tuesday

Wednesday

Thursday

Friday

			Popcorn Chicken w/WG Dinner Roll(35) Maple Carrot Coins (13) Fresh Banana(31) 1% White or 1% Chocolate Milk(24)	
645:711:103	645:711:103	645:711:103	1 645:711:103	2
WG Beef Taco Crisp Up w/ WG Spanish Rice(28) Steamed Broccoli (5) Mandarin Orange Cup (13) 1% White or 1% Chocolate Milk(24)	Beef & Cheese Nachos w/ WG Corn Chips (20) Seasoned Corn (19) Diced Pear Cup (14) 1% White or 1% Chocolate Milk(24)	Cheesy Taco Penne w/ WG Dinner Roll(38) Baby Carrots w/Ranch (8) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)	Pre-Packaged Pepperoni Breadstick Pizza(28) 100% Paradise Punch Juice Box(17) Fresh Banana(31) 1% White or 1% Chocolate Milk(24)	
5 Cinco de Mayo 574:746:70	6 534:495:78	7 625:680:99	8 666:751:100	9
Chicken in Gravy w/ Biscuit (29) Mashed Potato (21) Mixed Fruit Cup (18) 1% White or 1% Chocolate Milk(24)	BBQ Beef Rib Patty on WG Bun(27) Baked Beans (41) Diced Peach Cup (21) 1% White or 1% Chocolate Milk(24)	Italian Meatball Sub on WG Bun (29) Baked Green Beans (5) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)	Pre-Packaged Pepperoni Breadstick Pizza(28) Baby Carrots w/Ranch (8) Fresh Banana(31) 1% White or 1% Chocolate Milk(24)	
12 695:1062:93	13 699:1325:113	14 587:530:88	15 671:886:91	16
Baked Mostaccioli w/ WG Dinner Roll(49) Marvelous Mixed Veggies (9) Diced Pear Cup (14) 1% White or 1% Chocolate Milk(24)	Breaded Chicken Drumstick w/Dinner roll Baked Beans (41) Pineapple Tibits Cup (16) 1% White or 1% Chocolate Milk(24)	Chicken Nuggets W/ BBQ sauce(34) Maple Carrot Coins (13) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)	Pre-Packaged Pepperoni Breadstick Pizza(28) Fresh Broccoli Florets w/ Ranch Dressing (1) Fresh Banana(31) 1% White or 1% Chocolate Milk(24)	
19 609:386:96	20 718:1479:103	21 612:682:100	22 645:825:84	23
	Pre-Packaged Pepperoni Breadstick Pizza(28) 100% Mango Splash Juice Box (17) Diced Peach Cup (21) 1% White or 1% Chocolate Milk(24)	Breaded Chicken Parm Sandwich on WG Bun (39) Maple Carrot Coins (13) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)	Classic Cheeseburger on WW Bun (29) Potato Wedges (41) Fresh Banana(31) 1% White or 1% Chocolate Milk(24)	
26 Memorial Day!	27 625:750:90	28 722:897:105	29 896:2116:125	30



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AvgCals:655 AvgSod(mg):858 AvgCarbs(g):97

SCHOOLS ONLY

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