



Monday	Tuesday	Wednesday	Thursday	Friday
	Bag Breakfast Raisin Bran Cereal WG Animal Grahams Diced Peach cup 100% Juice (85)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Cinnamon Goldfish Cracker Fresh Apple 100% Juice (62)Dannon Nonfat Creamy Yogurt (15) 1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Cheerio Cereal Bar Animal Grahams Pear Fruit Cup 100% Juice (80)1% White Milk or 1% Chocolate Milk(11)	
679:1331:108	1 470:360:96	2 468:302:88	3 485:325:91	4
Bag Breakfast Golden Grahams Cereal Animal Grahams Craisins 100% Juice (87)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Apple Nutrigrain Bar Vanilla Goldfish Pineapple Cup 100% Juice (79)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast WG Bagel with Cream Cheese Fresh Apple 100% Juice (72)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast WG Banana Muffin Mini Vanilla Goldfish Craisins 100% Juice (91)1% White Milk or 1% Chocolate Milk(11)	
7 500:460:98	8 490:421:90	9 508:427:83	10 590:375:102	11
Bag Breakfast Cocoa Puffs Cereal Bar Animal Grahams Mixed Fruit Cup 100% Juice (84)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Golden Grahams Cereal Animal Grahams Peach Cup 100% Juice (81)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Cinnamon Goldfish Cracker Fresh Apple 100% Juice (62)Dannon Nonfat Creamy Yogurt (15) 1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Double ChocolateChip Muffin Vanilla Goldfish Craisins 100 % Juice (87)1% White Milk or 1% Chocolate Milk(11)	
14 520:345:95	15 470:460:92	16 468:302:88	17 570:370:98	18
	Bag Breakfast Raisin Bran Cereal WG Animal Grahams Diced Peach cup 100% Juice (85)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast WG Bagel with Cream Cheese Fresh Apple 100% Juice (72)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Apple Cinnamon Cheerios Animal Grahams Craisins 100% Juice (85)1% White Milk or 1% Chocolate Milk(11)	
21	22 Happy Earth Day! 470:360:96	23 508:427:83	24 500:355:96	25
Bag Breakfast Frosted Flakes Vanilla Godfish Craisins 100% Juice (84)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Blueberry Nutrigrain Bar Vanilla Goldfish Diced Pear Cup 100% Juice (77)1% White Milk or 1% Chocolate Milk(11)	Bag Breakfast Cinnamon Goldfish Cracker Fresh Apple 100% Juice (62)Dannon Nonfat Creamy Yogurt (15) 1% White Milk or 1% Chocolate Milk(11)		
28 490:455:95	29 485:415:88	30 468:302:88	679:1331:108	679:1331:108



Thought for Thought

Tips & Information

Recycling can help to reduce the amount of items going into your garbage each week and will ensure that you're contributing to a sustainable and long-term commitment by many communities across the world to making the most of our resources. By recycling regularly, you show other people that it is possible, a good thing to do and that it makes a difference.

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Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:538 AvgSod(mg):596 AvgCarbs(g):95

"or." = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk available daily.



Menu Subject to Change



Monday	Tuesday	Wednesday	Thursday	Friday
<p>679:1331:108</p> <p>Chicken Fajita with Tortilla (18) Texas Ranchero Pinto Beans (22) Mixed Fruit Cup (18) 1% White or 1% Chocolate Milk(24)</p> <p>7 575:981:82</p>	<p>1 679:1331:108</p> <p>BBQ Beef Rib Patty on WG Bun(27) Baked Beans (41) Pineapple Tibits Cup (16) 1% White or 1% Chocolate Milk(24)</p> <p>8 583:618:87</p> <p>Italian Meatball Sub on WG Bun (29) Maple Carrot Coins (13) Diced Peach Cup (21) 1% White or 1% Chocolate Milk(24)</p>	<p>2 932:842:150</p> <p>Chicken Strips & Waffle (84) Maple Carrot Coins (13) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)</p> <p>9 559:721:92</p> <p>Beef Sloppy Joe on WW Bun (34) Steamed Broccoli (5) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)</p>	<p>3 645:825:84</p> <p>Pre-Packaged Pepperoni Breadstick Pizza(28) Fresh Broccoli Florets w/ Ranch Dressing (1) Fresh Banana(31) 1% White or 1% Chocolate Milk(24)</p> <p>10 666:751:100</p> <p>Pre-Packaged Pepperoni Breadstick Pizza(28) 100% Mango Splash Juice Box (17) Fresh Banana(31) 1% White or 1% Chocolate Milk(24)</p>	<p>4</p> <p>11</p>
<p>14 585:661:80</p> <p>Chicken Tender w/Dinner Roll (37) Baked Green Beans (5) Diced Pear Cup (14) 1% White or 1% Chocolate Milk(24)</p>	<p>15 673:938:104</p> <p>Cheeseburger Meatloaf on WW Bun (32) Seasoned Roasted Potatoes (32) Pineapple Tibits Cup (16) 1% White or 1% Chocolate Milk(24)</p>	<p>16 748:2417:128</p> <p>Teriyaki Beef Dunkers over Brown Rice(70) Steamed Broccoli (5) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)</p>	<p>17 671:886:91</p> <p>Pre-Packaged Pepperoni Breadstick Pizza(28) Baby Carrots w/Ranch (8) Fresh Banana(31) 1% White or 1% Chocolate Milk(24)</p>	<p>18</p>
<p>21</p> <p>Asian Chicken w/ Brown Rice and Mix Veg(8) Stir Fry Vegetables (6) Pineapple Tibits Cup (16) 1% White or 1% Chocolate Milk(24)</p> <p>28 389:317:54</p>	<p>22 Happy Earth Day! 703:2175:101</p> <p>Turkey Kielbasa on WW Bun (23) Potato Wedges (41) Mandarin Orange Cup (13) 1% White or 1% Chocolate Milk(24)</p> <p>29 846:1535:135</p> <p>Breaded Chicken Patty on WW Bun (41) Baked Beans (41) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)</p>	<p>23 584:734:80</p> <p>Breaded Chicken Drumstick w/Dinner roll Steamed Broccoli (5) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)</p> <p>30 578:1013:83</p> <p>Meatballs & Gravy with WW Dinner Roll (24) Mashed Potato (21) Mandarin Orange Cup (13) 1% White or 1% Chocolate Milk(24)</p>	<p>24 666:751:100</p> <p>Pre-Packaged Pepperoni Breadstick Pizza(28) 100% Mango Splash Juice Box (17) Fresh Banana(31) 1% White or 1% Chocolate Milk(24)</p> <p>679:1331:108</p>	<p>25</p> <p>679:1331:108</p>



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Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:658 AvgSod(mg):1097 AvgCarbs(g):99

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk available daily.



Menu Subject to Change