

March, 2025

Summit North Great Start Breakfast

March, 2025



Monday	Tuesday	Wednesday	Thursday	Friday
Cinnamon Toast Crunch Cereal(22) 100% Orange-Tangerine Juice(15) 1% White Milk(11) 3 280:290:48	WG Blueberry Muffin(30) Cinnamon Applesauce Cup(14) 1% White Milk(11) 4 340:255:55	Dannon Nonfat Creamy Yogurt (12) Diced Peaches (7) 1% White Milk(11) 5 200:195:30	Cinnamon Chex Cereal(23) Mandarin Oranges (10) 1% White Milk(11) 6 265:300:44	No Program 7
Honey Cherrios Bowl (22) Tropical Fruit (7) 1% White Milk(11) 10 240:290:40	WG Banana Muffin(31) Diced Pears (7) 1% White Milk(11) 11 330:232:49	Dannon Nonfat Creamy Yogurt (12) 100% Orange Tangerine Juice(15) 1% White Milk(11) 12 230:200:38	Rice Chex Cereal(24) Diced Peaches (7) 1% White Milk(11) 13 230:375:42	No Program 14
Cinnamon Chex Cereal(23) Tropical Fruit (7) 1% White Milk(11) 17 St. Patrick's Day 250:290:41	WG Blueberry Muffin(30) 100% Apple Juice(14) 1% White Milk(11) 18 350:260:55	Dannon Nonfat Creamy Yogurt (15) Pineapple Tidbits (8) 1% White Milk(11) 19 215:185:34	Honey Cherrios Bowl (22) Diced Pears (7) 1% White Milk(11) 20 240:292:40	No Program 21
No School 24	No School 25	No School 26	No School 27	No Program 28
Cinnamon Toast Crunch Cereal(22) Applesauce Cup(14) 1% White Milk(11) 31 270:295:47				



Thought for Thought

Tips & Information

Established in 1989, the National School Breakfast week was created to remind and encourage all students to eat a nutritious breakfast. Research has shown eating breakfast in the morning provides the fuel children need to perform all day. Look to fresh fruits, vegetables, nuts, yogurt or toast for a quick and delicious meal.

In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

2/17/2025 4:49:06 AM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
 AvgCals:264 AvgSod(mg):266 AvgCarbs(g):43

"or:" = An alternative selection to choose. "WG"=Whole Grain
 1% White & 1%Chocolate Milk
 available daily.



Menu Subject to Change

March, 2025

Summit North Great Start Lunch

March, 2025



Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni & Cheese with WG Noodles(21) Seasoned Steamed Broccoli (2) Diced Pears (7) 1% White Milk(11)	Chicken Tenders w/BBQ sauce(21) Vegetarian Baked Beans (16) Tropical Fruit (7) 1% White Milk(11)	Cheese Omelette w/Taco Sauce(1) Diced Potatoes(9) WG Biscuit (13) 100% Orange Tangerine Juice(15) 1% White Milk(11)	Deli Turkey and Cheese Wrap with WG Tortilla(3) Baby Carrots w/ Ranch(5) Whole Grain Tortilla(15) Diced Melon 1% White Milk(11)	No Program
3 333:784:41	4 490:893:55	5 424:796:49	6 364:885:34	
Chicken Pot Pie w/ Diced Chicken & Mixed WG Biscuit (13) Diced Strawberries(3) 1% White Milk(11)	WW Spaghetti with Ground Turkey(8) California Blend Vegetable (Carrots, Broccoli, Cauliflower) Pineapple Tidbits (8) 1% White Milk(11)	Turkey Burger on WG Bun(30) Vegetarian Baked Beans (16) Diced Peaches (7) 1% White Milk(11)	Ground Turkey & Cheese Nachos with WG Tortilla Seasoned Corn (8) Fresh Banana(31) 1% White Milk(11)	No Program
10 336:559:35	11 297:160:28	12 565:1398:64	13 479:329:68	
Cheesy Taco Penne (Ground Beef, Cheese, Seasoned Corn (8) Mandarin Oranges (10) 1% White Milk(11)	Beef Meatballs & Gravy (6) Mixed Vegetable (Corn, Green Beans, Peas, Carrots) (6) Brown Rice (24) Fresh Apple slices(7) 1% White Milk(11)	Diced Chicken and Gravy(2) Mashed Potatoes (15) WG Dinner Roll(14) Tropical Fruit (7) 1% White Milk(11)	Mini Cheese Calzones (26) Chopped Romaine Salad with Tomato (1) 100% Apple Juice(14) 1% White Milk(11)	No Program
17 St. Patrick's Day 367:405:48	18 434:439:54	19 396:754:50	20 422:560:53	
No School	No School	No School	No School	No Program
24	25	26	27	28
Chicken Stir-Fry w/Veg(4) Brown Rice (24) Diced Peaches (7) 1% White Milk(11)				
31 350:218:46				



Thought for Thought

Tips & Information

Established in 1989, the National School Breakfast week was created to remind and encourage all students to eat a nutritious breakfast. Research has shown eating breakfast in the morning provides the fuel children need to perform all day. Look to fresh fruits, vegetables, nuts, yogurt or toast for a quick and delicious meal.

In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

2/17/2025 5:06:28 AM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
 AvgCals:404 AvgSod(mg):629 AvgCarbs(g):48

"or." = An alternative selection to choose. "WG"=Whole Grain
 1% White & 1%Chocolate Milk
 available daily.



Menu Subject to Change