



Monday		Tuesday		Wednesday		Thursday		Friday	
6	Bag Breakfast Apple NutriGrain Bar Vanilla Goldfish Pineapple Cup 100% Juice (79)1% White Milk or 1% Chocolate Milk(11)	7	Bag Breakfast Raisin Bran Cereal WG Animal Grahams Diced Peach cup 100% Juice (86)1% White Milk or 1% Chocolate Milk(11)	8	Bag Breakfast Cinnamon Goldfish Cracker Fresh Apple 100% Juice (63)Dannon Nonfat Creamy Yogurt (15) 1% White Milk or 1% Chocolate Milk(11)	9	Bag Breakfast Cheerio Cereal Bar Animal Grahams Pear Fruit Cup 100% Juice (81)1% White Milk or 1% Chocolate Milk(11)	10	
13	Bag Breakfast Golden Grahams Cereal Animal Grahams Craisins 100% Juice (88)1% White Milk or 1% Chocolate Milk(11)	14	Bag Breakfast Apple NutriGrain Bar Vanilla Goldfish Pineapple Cup 100% Juice (79)1% White Milk or 1% Chocolate Milk(11)	15	Bag Breakfast WG Bagel with Cream Cheese Fresh Apple 100% Juice (73)1% White Milk or 1% Chocolate Milk(11)	16	Bag Breakfast WG Banana Muffin Mini Vanilla Goldfish Craisins 100% Juice (92)1% White Milk or 1% Chocolate Milk(11)	17	
20	MLK Day	21	Bag Breakfast Golden Grahams Cereal Animal Grahams Peach Cup 100% Juice (82)1% White Milk or 1% Chocolate Milk(11)	22	Bag Breakfast Cinnamon Goldfish Cracker Fresh Apple 100% Juice (63)Dannon Nonfat Creamy Yogurt (15) 1% White Milk or 1% Chocolate Milk(11)	23	Bag Breakfast Double ChocolateChip Muffin Vanilla Goldfish Craisins 100% Juice (88)1% White Milk or 1% Chocolate Milk(11)	24	
27	Bag Breakfast Raisin Bran Cereal WG Animal Grahams Diced Peach cup 100% Juice (86)1% White Milk or 1% Chocolate Milk(11)	28	Bag Breakfast Strawberry NutriGrain Bar Vanilla Goldfish Pineapple Cup 100% Juice (79)1% White Milk or 1% Chocolate Milk(11)	29	Bag Breakfast WG Bagel with Cream Cheese Fresh Apple 100% Juice (73)1% White Milk or 1% Chocolate Milk(11)	30	Bag Breakfast Apple Cinnamon Cheerios Animal Grahams Craisins 100% Juice (86)1% White Milk or 1% Chocolate Milk(11)	31	



Thought for Thought

Tips & Information

It's a well-documented fact that very first snowman was made in Eau Claire, Wisconsin on January 7, 1809 by Vernon Paul and his 9 year old daughter, Yetty Paul. According to Mr. Paul, he told his daughter that the snowman was intended to frighten away the Boxing Day elves (popular legend said Boxing Day elves reclaimed Christmas presents). Once the Paul family's neighbors saw the snowman, and Yetty explained to her friends how easy it was to make, children all over the town were making snowmen.

In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

12/9/2024 6:19:00 AM
Nutrition Key -> Cals:Sodium(mg);Carbs(g) - Item Carbs(g) in ()
AvgCals:500 AvgSod(mg):373 AvgCarbs(g):92

"or," = An alternative selection to choose. *WG = Whole Grain
1% White & 1%Chocolate Milk available daily.



****Menu Subject to Change****



Monday

Tuesday

Wednesday

Thursday

Friday

6	Texas Chili w/ WG Dinner Roll(31) Potato Wedges (38) Diced Pear Cup (14) 1% White or 1% Chocolate Milk(24)	7	Cheeseburger Meatloaf on WW Bun (32) Steamed Broccoli (5) Pineapple Tibits Cup (15) 1% White or 1% Chocolate Milk(24)	8	WG Beef Taco Crisp Up w/ WG Spanish Rice(28) Texas Ranchero Pinto Beans (22) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)	9	Pre-Packaged Pepperoni Breadstick Pizza(28) Baby Carrots w/Ranch (8) Fresh Banana(31) 1% White or 1% Chocolate Milk(24)	10	382:311:51
13	Beef & Cheese Nachos w/ WG Corn Chips (20) Fiesta Taco Black Beans (21) Diced Peach Cup (21) 1% White or 1% Chocolate Milk(24)	14	Turkey Kielbasa on WW Bun (23) Potato Wedges (38) Mandarin Orange Cup (13) 1% White or 1% Chocolate Milk(24)	15	Breaded Chicken Drumstick w/Dinner roll Seasoned Greens (5) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)	16	Pre-Packaged Pepperoni Breadstick Pizza(28) 100% Mango Splash Juice Box (17) Fresh Banana(31) 1% White or 1% Chocolate Milk(24)	17	595:959:87
20	Baked Mostaccioli w/ WG Dinner Roll(49) Steamed Broccoli (5) Mandarin Orange Cup (13) 1% White or 1% Chocolate Milk(24)	21	Flame-Grilled Chicken Burger w/ Cheese on WG Bun (29) Baked Green Beans (5) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)	22	Meatballs & Gravy with WW Dinner Roll (24) Mashed Potato (21) Mandarin Orange Cup (13) 1% White or 1% Chocolate Milk(24)	23	Pre-Packaged Pepperoni Breadstick Pizza(28) Fresh Broccoli Florets w/ Ranch Dressing (1) Fresh Banana(31) 1% White or 1% Chocolate Milk(24)	24	595:1363:87
27	Baked Mostaccioli w/ WG Dinner Roll(49) Steamed Broccoli (5) Mandarin Orange Cup (13) 1% White or 1% Chocolate Milk(24)	28	Italian Meatball Sub on WG Bun (29) Baked Green Beans (5) Diced Pear Cup (14) 1% White or 1% Chocolate Milk(24)	29	Crispy Chicken Sandwich w/ Bacon on WG Bun (37) Fresh Gala Apple(29) 1% White or 1% Chocolate Milk(24)	30	Pre-Packaged Pepperoni Breadstick Pizza(28) Baby Carrots w/Ranch (8) Fresh Banana(31) 1% White or 1% Chocolate Milk(24)	31	666:1190:88

Thought for Thought

Tips & Information

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12/9/2024 6:18:38 AM
Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:635 AvgSod(mg):1023 AvgCarbs(g):89

or, = An alternative selection to choose. *WG*=Whole Grain
1% White & 1%Chocolate Milk available daily.



Menu Subject to Change